Ministry of Health of the Ukrainian Soviet Socialist Republic 26.05.1987

Secret

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To: USSR Minister of Health
Comrade E. I. Chazov

As a result of the accident at the Chernobyl Nuclear Power Station, part of the republic's population has been exposed to elevated radiation. Areas with elevated radiation are in the Kiev, Zhytomyr, and Chernigov oblasts where 215,000 people live, including 74,600 children. Medical support for this population was carried out with the involvement of personnel and capacities from all areas in the republic along with medical workers at local medical institutions.

Approximately 2 thousand doctors, 4 thousand paramedics and nurses, technicians, dosimetrists and 1,250 students in their last year of medical school were engaged in mass preventative inspections of the first stage of health screenings. Clinics at scientific research institutes – [departments of] x-ray, radiology and oncology, endocrinology, pediatrics, acupuncture, gynecology, hematology and blood transfusion, and cardiology – were widely used for in-depth examination and treatment. Brigades of trained specialists were constantly sent from these institutes in the Polesie, Ivankov, Narodichskiy and Ovruchsky districts as providers of practical help on the ground.

To date, the vast majority (99.3%) of the population who resided in the zone of elevated radiation were included in the medical examinations, including laboratory and dosimetry studies. As a result, 39,600 patients who were not previously registered were identified. For people who were diagnosed with various physical illnesses, dynamic supervision was instituted, and their treatment was carried out in ambulatory and stationary situations. During the year, 20,200 people were hospitalized, of which 6 thousand were children.

Special attention was devoted to the organization of medical surveys of children, who were tested 2-3 times in the last year, and where medically necessary [tested more] frequently, with the use of advanced diagnostic methods.

In the first month after the accident at the Chernobyl NPS, dosimetric surveys were conducted of the thyroid gland in all children. In 2,600 of them (3.4%), it was found that the gland contained iodine radionuclides, exceeding 500 REM.

Children with elevated doses of radiation in their thyroid glands were hospitalized at clinics at pediatric research institutes, obstetrics and gynecology, endocrinology, hematology and blood transfusion centers, and also in specialized clinics of medical universities. At present, the hospital of the All-Union Center for Medical Radiology of the Academy of Medical Sciences of the USSR is providing in-depth examination and rehabilitation [for those children]. In total, in the clinics they examined and treated 2,317 children with elevated levels of iodine radionuclides. In the summer of 1986, all children and pregnant women from areas with elevated radiation were sent in an organized manner to various oblasts in the republic for recuperation.

Since June 1986, a mass survey has been conducted on the content and levels of cesium in the human body. Altogether, 78,400 people were screened, of which 25,000 were children, (including evacuees from the area and participants in the clean-up of the accident). Of these, 96.34% (75,531 people) had only from 0 to 1 REM of incorporated cesium 137 or 134, and 0.07% (40 people) had over 10 REM.

Currently an array of information (in paper form) has been accumulated about the health of the population residing in areas with elevated levels of radiation. The development of mathematical software is being completed with the aim of creating a register using computing technology. In the first half of 1987 the mainframe computer "Iskra-226" was installed in 5 central neighborhood hospitals; in the Kiev and Zhytomyr oblasts, the mainframe computer "SM-4" will be installed.

Doctors in clinical and prophylactic institutions serving populations in areas with elevated radiation are being trained constantly on questions of radiation hygiene and the prophylactics of radiation injury at the Kiev Institute for Doctors' Continuing Education. For personnel support at the medical institutions of these districts, young specialists were sent to: Polesie-42, Ivankovo-29, Narodichi-27, Ovruch-15. Central regional hospitals added additional staff positions for doctors of hematology, endocrinology, lab technicians, and other specialists. These hospitals were provided, in priority order, with medical equipment, drugs and reagents.

There is ongoing dosimetric and sanitary monitoring of the surrounding environment, of living conditions and nutrition of the population in areas with elevated levels of radiation. During the time after the accident at the Chernobyl NPS, the sanitary and epidemiological service conducted around 3 million instrumental and laboratory studies.

Taking into account the particularly difficult living conditions in 47 settlements in the Kiev and Zhytomyr oblasts, where high levels of soil contamination have been registered, the Ministry of Health of the Ukrainian SSR developed an interdepartmental program for constant monitoring of the radiological situation in zone II villages.

In the current year, 1,419 preschool children, 3,612 school children and 380 students of vocational schools from the Polesie district as well as 453 preschoolers and 1,610 school children from the Narodychy district receive free food. Recommended food rations have been developed for school children, like the ones approved for general boarding schools (1 ruble 20 Kopeks).

However, in some cases these recommendations were violated. In February 1987, in the Narodychy district, students received only 50-80% of milk, 30% of fish, 50-70% of vegetables and potatoes, 50% of vegetable oil, along with the increased consumption of sour cream by 50-70%. A similar violation took place in the Polesie district. On this occasion, the Ministry of Health informed the Zhytomyr and the Kiev Regional Executive Committees, the Ministry of Trade, the Ukrainian Republican Union of Consumer Societies, and the Council of Ministers of the Ukrainian SSR.

The Ministry of Health is carrying out measures to improve dissemination of public knowledge about radiation hygiene among health workers and the general population. It has organized scientific and practical conferences, seminars for doctors, and meetings with the population. Forty-two titles in the popular science literature were published with a circulation of more than 3 million copies.

Representatives of the State Agricultural Committee and other ministries and agencies are involved in this work.

Minister [Signature] A. E. Romanenko

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